

Enneagram Theatre

We all have different ways of interpreting life, expressing ourselves and interacting with others. We have learned different survival strategies within our unique family constellations. We all have different values and thought processes and ego fixations. The Enneagram is an important tool and comprehensive map to understand these character types, ourselves and others.



Enneagram Theatre is a playful and empowering group process of embodying this system of knowledge. We experience the character types interact together in different situations, some empowering and easy, some stressful and difficult. The play goes deeper and higher as we learn more about ourselves and others and the theatre of life itself.